

ENTRY FORM

YOU DO NOT HAVE TO PRE-ENTER, BUT IT WOULD HELP WITH THE ORGANISATION AND CATERING IF YOU DO

Please enter me/us for the VALLEY AND VIEWS. I/we agree to abide by the rules of the event.

BLOCK CAPITALS PLEASE

NAME	PLEASE TICK DISTANCE		
	42 km	26 km	11 km

Please continue on a separate piece of paper if necessary.

ADDRESS OF INDIVIDUAL OR TEAM CAPTAIN.....

YOUR MOBILE PHONE NO:.....

ICE PHONE NO:.....(Somebody else: In Case of Emergency)

Membership Status	Entry Costs						
	42 km	Total £	26 km	Total £	11 km	Total £	Total
Waendel WC Members	£4		£3		£1		
Non WWC Members	£8		£6		£2		
Under 16	£3		£2		£1		
Under 5	n/a		n/a		Free		
Grand Total £							

Make cheques payable to **WAENDEL WALKERS CLUB**

SEND ENTRY FORM TO: **Tony Bridgman, 92 Blandford Avenue, Kettering, Northants NN16 9AS**

PLEASE ENCLOSE AN S.A.E. FOR RETURN OF RECEIPT IF REQUIRED

SIGNED: _____ DATE: _____.

NOTE: Parent or guardian must sign if walker is under 16 years of age. If you wish to be considered for the Youngest Walker award, please give date of birth

THE WAENDEL WALKERS CLUB

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VALLEY AND VIEWS

Three circular routes through the Welland Valley

SUNDAY 14th APRIL 2019

DISTANCES AND START TIMES:

42 Kms	07.30 - 09.00
26 Kms	07.30 - 11.00
11 Kms	09.00 - 13.00

Runners can not start before 10.00am

IVV REGISTERED
BWF Club No. 1

START & FINISH
WILBARSTON
VILLAGE HALL
Nr CORBY
NORTHANTS LE16 8QE



O.S. MAP 141 & 223
GRID 815 883

GENERAL INFORMATION

DATE: 14th April 2018

VENUE: VILLAGE HALL, WILBARSTON Nr CORBY NORTHANTS

STARTING TIMES:

42 kms	07.30 - 09.00
26 kms	07.30 - 11.00
11 kms	09.00 - 13.00

Runners can not start before 10.00am

All entrants must check back in before 17.00

LATE ENTRIES: You can enter on the day.

REFRESHMENTS: Free refreshments will be provided at each checkpoint on the long and middle routes. Cooked breakfasts will be available all day at the start/finish at a reasonable price.

PARKING: There is plenty of parking space available, but please follow the directions given by the marshals.

RETIREMENTS: If you have to retire, please try to do so at a checkpoint, and you will be transported back to the start.

FIRST AID: First Aid cover will be available.

AWARD: Every entrant can receive a certificate.

TROPHIES: There is a plaque for the youngest walker, given at the organiser's discretion.

RULES

- (1) IVV special provisions do not apply to this event. This event does not fall with the scope of the AALR
- (2) The walk is open to any individual, civilian or military teams.
- (3) Walkers under 16 years of age must have parental consent to enter and must be accompanied by a responsible adult.
- (4) Where they exist, footpaths must be used, otherwise obey the highway and country codes, e.g. ensuring gates remain shut after use.
- (5) Any walker causing damage or spreading litter will be disqualified and shall liable to personal prosecution.
- (6) Each participant takes part at his or her own risk.
- (7) If an entrant fails to report, or does not complete the walk, the entry fee will not be refunded.
- (8) The walk will take place whatever the weather conditions.
- (9) Dogs must be kept under strict control.
- (10) **The organisers are not liable for negligence, accidents, thefts and/or damage to property. Every effort will be made by the organisers to make this a safe, enjoyable and memorable event.**

THE WAENDEL WALKERS CLUB ORGANISES SOCIAL EVENTS, REGULAR WALKS IN NORTHAMPTONSHIRE AND THE SURROUNDING COUNTIES THROUGHOUT THE YEAR, AS WELL AS COACH TRIPS. ANY MEMBER OF THE PUBLIC IS WELCOME AT ANY OF OUR EVENTS.

FOR FURTHER INFORMATION: Please see our website www.waendel.org.uk or

 Find us on
Facebook at WaendelWalkersClub