

ENTRY FORM

YOU DO NOT HAVE TO PRE-ENTER, BUT IT WOULD HELP WITH THE ORGANISATION AND CATERING IF YOU DO

Please enter me/us for the VALLEY AND VIEWS. I/we agree to abide by the rules of the event.

BLOCK CAPITALS PLEASE

NAME	PLEASE TICK DISTANCE		
	42 KMS	26 KMS	10 KMS

Please continue on a separate piece of paper if necessary.

ADDRESS OF INDIVIDUAL OR TEAM CAPTAIN

..... PHONE NO:.....

CLUB, TEAM OR UNIT.....

- Long and middle routes Entry and Certificate (WWC members)..... £3.00 £.....
- Long and Middle routes Entry and Certificate (Non members)..... £4.00 £.....
- 16 years and under Entry and Certificate (Long and middle) £2.50 £.....
- Short route Entry and Certificate £1.00 £.....
- 5 years and under Entry and Certificate FREE FREE
- New shorter distance event FREE FREE

TOTAL: =====

Make cheques payable to **WAENDEL WALKERS CLUB**

SEND ENTRY FORM TO: **JOHN PERCIVAL (Telephone 01933 226023)**
165 MIDLAND ROAD, WELLINGBOROUGH, NORTHANTS NN8 1NF
PLEASE ENCLOSE AN S.A.E. FOR RETURN OF RECEIPT IF REQUIRED

SIGNED: _____ DATE: _____

NOTE: Parent or guardian must sign if walker is under 16 years of age. If you wish to be considered for the Youngest Walker award, please give date of birth

THE WAENDEL WALKERS CLUB

presents the thirteenth

VALLEY AND VIEWS

a three distance circular walk through the
Welland Valley

SUNDAY 28TH APRIL 2013

APPROXIMATE DISTANCES AND START TIMES:

42 Kms	07.30 - 09.00
26 Kms	07.30 - 11.00
10 Kms	09.00 - 13.00

New for this year – short walk for newcomers – see separate details

IVV REGISTERED
BWF 01/E1/12

START & FINISH
WILBARSTON
VILLAGE HALL
Nr CORBY
NORTHANTS LE16 8QE



O.S. MAP 141
GRID 815 883

GENERAL INFORMATION

- DATE:** 28th April 2013
- VENUE:** VILLAGE HALL, WILBARSTON Nr CORBY NORTHANTS
- STARTING TIMES:** 42 kms 07.30 - 09.00
26 kms 07.30 - 11.00
10 kms 09.00 - 13.00
Newcomers' walk – start any time
Runners may not start before 10.00
All routes to finish by 17.30
- LATE ENTRIES:** You can enter on the day.
- REFRESHMENTS:** Free food will be provided at one checkpoint on the long and middle routes. Drinks will be available at all checkpoints. Cooked breakfasts will be available all day at the start/finish at a reasonable price.
- PARKING:** There is plenty of parking space available, but please follow the directions given by the marshals.
- RETIREMENTS:** If you have to retire, please try to do so at a checkpoint, and you will be transported back to the start.
- FIRST AID:** First Aid cover will be available.
- ACCOMMODATION:** There is bed and breakfast accommodation available in the village and camping may be allowed at the village hall. Please contact the organisers before the event.
- AWARD:** Every entrant will receive a certificate.
- TEAMS:** All teams will receive a small award, with a special award for the largest team to finish.
- TROPHIES:** Plaques are to be presented to the youngest walkers on each route to finish. There is an award for the youngest walker, given at the organiser's discretion.

RULES

- (1) IVV special provisions do not apply to this event. This event does not fall with the scope of the AALR
- (2) The walk is open to any individual, civilian or military teams.
- (3) Teams must have at least 10 members, one of whom is the team leader, and their entries must be enclosed in the same envelope if pre-entering, or on the same form if entering on the day.
- (4) Any walker causing damage or spreading litter will be disqualified and is liable to be prosecuted.
- (5) Walkers under 16 years of age must have parental consent to enter and must be accompanied by a responsible adult.
- (6) Where they exist, footpaths must be used, otherwise obey the highway and country codes.
- (7) Each participant takes part at his or her own risk.
- (8) If an entrant fails to report, or does not complete the walk, the entry fee will not be refunded.
- (9) The walk will take place whatever the weather conditions.
- (10) Any participant moving or otherwise altering the route markers will be disqualified.
- (11) Dogs must be kept under strict control.
- (12) **The organisers are not liable for accidents, thefts and/or damage to property. Every effort will be made by the organisers to make this a safe, enjoyable and memorable event.**

THE WAENDEL WALKERS CLUB ORGANISES SOCIAL EVENTS, REGULAR WALKS IN NORTHAMPTONSHIRE AND THE SURROUNDING COUNTIES THROUGHOUT THE YEAR, AS WELL AS COACH TRIPS. ANY MEMBER OF THE PUBLIC IS WELCOME AT ANY OF OUR EVENTS.

FOR FURTHER INFORMATION: Please see our website www.waendel.org.uk